

Relationship Agreement

Living *Abled* and Healthy

I want to establish a positive and mutually beneficial relationship with you.
The following defines my expectations.

I will:

- Be courteous and respectful.
- Be honest.
- Honor commitments I make.
- Make healthy choices, whenever possible.
- Work in partnership with others to achieve my health.
- Focus on my health and function, not on my symptoms.

You will:

- Treat me with dignity and respect.
- Be honest.
- Honor commitments you make.
- Listen and respond to my concerns, feelings, goals, and questions.
- Assist me in restoring my health and function.
- Assist me in staying at my job or returning to my job as soon as is reasonable.
- Disclose to me any of your professional relationships or actions which may adversely affect my recovery.
- Respect my privacy and not disclose any of my information without my permission.

Signed: _____

Date: _____

Signed: _____

Date: _____