

SEPT.
11,12,13



sunflower yoga

GRAND OPENING WEEKEND!

A chance to see our space, meet the teachers, take **FREE** classes, and have lots of fun!

“Happy Hour” - refreshments, raffles, chair massage, henna tattoos, discount class passes, & more!

- * Sept. 11: All Levels Yoga: 6:00-7:15 pm, “Happy Hour” from 7:15-9:00
- * Sept. 12: Barre: 8:30-9:30 am, All Levels Yoga: 10-11 am, “Happy Hour” from 11-1 pm
- * Sept.13: Gentle Candlelit Yoga: 5-6:15 pm, “Happy Hour” from 6:15-7:30

Sunflower Yoga at Nutmeg’s Dance & Theatre Co.
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