Career Change Autobiography Planner

Writer [Name] Date [Date] Intended reader [Audience]

Use the prompts to gather specific scenes and details. Write the finished story in your own voice.

The starting point

What work or study first shaped your ambitions?

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Which experience best shows your early values?

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The turning point

What prompted the change? Describe one specific moment.

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What did you need to learn or leave behind?

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Career Change Autobiography Planner continued

Evidence of growth

Choose two experiences that show transferable strengths.

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Explain the result and what you learned.

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Where you are going

What matters in your next chapter?

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How does your past connect to that direction?

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Final review [ ] Names and dates checked [ ] Permission for private stories considered [ ] Read aloud